

## Kettlebells

Code	Product	pris
	<b>Cast Iron Kettlebell (each)</b>	
JTKB-4C	4kg	249:-
JTKB-8C	8kg	399:-
JTKB-12C	12kg	599:-
JTKB-16C	16kg	749:-
JTKB-20C	20kg	899:-
JTKB-24C	24kg	999:-
JTKB-28C	28kg	1249:-
JTKB-32C	32kg	1399:-
JTKB-40C	40kg	1649:-



	<b>Coloured Neoprene Covered Kettlebell (each)</b>	
JTKBC-4	4kg - Blue	279:-
JTKBC-8	8kg - Yellow	479:-
JTKBC-12	12kg - Red	699:-
JTKBC-16	16kg - Orange	899:-
JTKBC-20	20kg - Green	1099:-
JTKBC-24	24kg - Grey	1199:-
JTKBC-28	28kg - Black	1399:-
JTKBC-32	32kg - Dark Blue	1699:-
JTKBC-40	40kg - Purple	2049:-



Cast Iron handles with colour coded Neoprene base.

	<b>NEW - Black Rubber Covered Kettlebell with Chrome Handle</b>	
JTKBRC-04	4kg	299:-
JTKBRC-06	6kg	449:-
JTKBRC-08	8kg	549:-
JTKBRC-10	10kg	699:-
JTKBRC-12	12kg	849:-
JTKBRC-14	14kg	929:-
JTKBRC-16	16kg	999:-
JTKBRC-18	18kg	1099:-
JTKBRC-20	20kg	1199:-
JTKBRC-24	24kg	1379:-



	<b>Kettlebell Rack</b>	
JTKBR	<p>Kettlebell Rack</p> <p>Colour - Silver</p> <p>Stores a full set of 9 Kettlebells</p> <p>Rubber mats on shelves reduce noise and protect kettlebells.</p> <p>Rack will hold bells of any size.</p> <p>Dimensions - 840mm (Height) x 530mm (Width) x 1220mm (Length)</p>	3199:-



## Kettlebell Sets

Code	Product	pris
<b>Cast Iron Kettlebell Packs</b>		
JTKB-CP1	Womens Beginner Kettlebell Set (1 x 4kg, 1 x 8kg, 1 x 12kg)	1247:-
JTKB-CP2	Beginner Kettlebell Set (1 x 12kg, 1 x 16kg, 1 x 20kg)	2247:-
JTKB-CP3	Intermediate Kettlebell Set (1 x 20kg, 1 x 24kg, 1 x 28kg)	3147:-
JTKB-CP4	Advanced Kettlebell Set (1 x 28kg, 1 x 32kg, 1 x 40kg)	4297:-



<b>Coloured Neoprene Covered Kettlebell Packs</b>		
JTKB-NP1	Womens Beginner Kettlebell Set (1 x 4kg, 1 x 8kg, 1 x 12kg)	1457:-
JTKB-NP2	Beginner Kettlebell Set (1 x 12kg, 1 x 16kg, 1 x 20kg)	2697:-
JTKB-NP3	Intermediate Kettlebell Set (1 x 20kg, 1 x 24kg, 1 x 28kg)	3697:-
JTKB-NP4	Advanced Kettlebell Set (1 x 28kg, 1 x 32kg, 1 x 40kg)	5147:-



<b>Kettlebells &amp; Rack Sets</b>		
JTKB-CP5	Cast Iron Kettlebell Set (1 x 4kg, 1 x 8kg, 1 x 12kg, 2 x 16kg, 2 x 20kg, 1 x 24kg, 1 x 28kg, 1 x Kettlebell Rack)	9499:-
JTKB-NP5	Coloured Neoprene Kettlebell Set (1 x 4kg, 1 x 8kg, 1 x 12kg, 2 x 16kg, 2 x 20kg, 1 x 24kg, 1 x 28kg, 1 x Kettlebell Rack)	10 499:-
JTKB-RC5	Black Rubber Chrome Handle Kettlebell Set (10 kettlebells & rack) (1 x 4kg, 1 x 6kg, 1 x 8kg, 1 x 10kg, 1 x 12kg, 1 x 14kg, 1 x 16kg, 1 x 18kg, 1 x 20kg, 1 x 24kg & 1 x Kettlebell Rack)	11 499:-



<b>Art of Strength Kettlebell DVDs</b> (Available only with the above packs)		
JLAOSKBVD-KW	Art of Strength Kettlebell DVD - Kettlebell Way	598:-
JLAOSKBVD-KW2	Art of Strength Kettlebell DVD - Kettlebell Way Vol 2	598:-
JLAOSKBVD-N	Art of Strength Kettlebell DVD - Newport	598:-
JLAOSKBVD-F	Art of Strength Kettlebell DVD - Firepower	598:-
JLAOSKBVD-C	Art of Strength Kettlebell DVD - Training Clinic (2 DVDs)	798:-



Code	Product	pris
<b>Jordan Powerbags - New updated design</b>		
JJL-PB-05	5kg	799:-
JJL-PB-10	10kg	899:-
JJL-PB-15	15kg	999:-
JJL-PB-20	20kg	1199:-
JJL-PB-25	25kg	1299:-



<b>Powerbags (*Filled)</b>		
JLPB-03	3kg (Red handle)	899:-
JLPB-05	5kg (Red handle)	949:-
JLPB-7.5	7.5kg (Purple handle)	999:-
JLPB-10	10kg (Purple handle)	1049:-
JLPB-15	15kg (Purple handle)	1149:-
JLPB-20	20kg (Black handle)	1299:-
JLPB-25	25kg (Black handle)	1399:-
JLPB-30	30kg (Green handle)	1649:-
JLPB-35	35kg (Green handle)	1849:-
JLPB-40	40kg (Yellow handle)	2299:-
JLPB-45	45kg (Yellow handle)	2549:-
JLPB-50	50kg (Yellow handle)	2799:-



\*All Powerbags sent overseas will be sent unfilled.

<b>Powerbag / Alpha Bag Rack</b>		
JTPBR-05	Powerbag / Alpha Bag Rack Holds 5 Powerbags/Alpha bags Textured, silver finish Dimension: H1420mm x W 580mm x D 680mm	2099:-



<b>Powerbag / Alpha Bag Rack</b>		
JTPBR	Powerbag / Alpha Bag Rack Unique space saving design Rubber trays prevent damage to bags Colour - Silver Dimension: H1608mm x W2050mm x D685mm	8999:-



<b>Powerbag CD Rom Manual</b>		
JLPB-CD	Powerbag CD Rom Manual	299:-



## Alpha Bags



Code	Product	pris
	<b>Thy Coach (7kg - 18kg)</b>	
	<b>Prices quoted are for unfilled bags</b> Bags can be filled with sand - £10.00 x vat per bag up to the max weight. Weight per bag can be specified at time of ordering	
JLAS-TCB	Thy Coach with Blue logo	1490:-
JLAS-TCG	Thy Coach with Green logo	1490:-
JLAS-TCO	Thy Coach with Orange logo	1490:-
JLAS-TCR	Thy Coach with Red logo	1490:-
JLAS-TCY	Thy Coach with Yellow logo	1490:-



	<b>Thy Beast (18 - 36kg)</b>	
	<b>Prices quoted are for unfilled bags</b> Bags can be filled with sand - £10.00 x vat per bag up to the max weight. Weight per bag can be specified at time of ordering	
JLAS-TBG	Thy Beast with Gold logo	1790:-
JLAS-TBO	Thy Beast with Olive logo	1790:-



	<b>Thy Sandball (4.5 - 13.5kg)</b>	
	<b>Prices quoted are for unfilled bags</b> Bags can be filled with sand - £10.00 x vat per bag up to the max weight. Weight per bag can be specified at time of ordering	
JLAS-TSB	Thy Sandball with Blue logo	1190:-
JLAS-TSG	Thy Sandball with Green logo	1190:-
JLAS-TSO	Thy Sandball with Orange logo	1190:-
JLAS-TSR	Thy Sandball with Red logo	1190:-
JLAS-TSY	Thy Sandball with Yellow logo	1190:-



	<b>Powerbag / Alpha Bag Rack</b>	
JTPBR-05	Powerbag / Alpha Bag Rack Holds 5 Powerbags/Alpha bags Textured, silver finish Dimension: H1420mm x W 580mm x D 680mm	2099:-



	<b>Powerbag / Alpha Bag Rack</b>	
JTPBR	Powerbag / Alpha Bag Rack Unique space saving design Rubber trays prevent damage to bags Colour - Silver Dimension: H1608mm x W2050mm x D685mm	8999:-



## Suspension Trainers

Code	Product	pris
<b>Jungle Gym XT</b>		
JLJG-XT	<b>Jungle Gym XT</b> <ul style="list-style-type: none"> <li>• Two Industrial suspension straps (8 feet each)</li> <li>• Two Integrated easy-wipe handles and Easy-In Foot Cradles™</li> <li>• Two comfortable inline adjustment buckles</li> <li>• Two Non-scuff door anchors</li> <li>• Two Strap end adjustors</li> <li>• One Duro-Link™</li> <li>• One Instructional DVD with brochure</li> <li>• One Large, full color workout wall chart</li> </ul>	999:-



<b>MILO KIT (Bodyweight Suspension training system)</b>		
JLMK	<b>MILO KIT</b> <ul style="list-style-type: none"> <li>• Anti-rot webbing straps throughout</li> <li>• Two door anchor points</li> <li>• Two bar/fixed point anchor points</li> <li>• Two support straps</li> <li>• Two hand/foot grips</li> <li>• Two stainless steel strap adjusters</li> <li>• Four stainless steel connecting carabinars</li> <li>• Milokit instruction booklet</li> </ul>	2299:-



<b>Suspension Training Station (oval steel frame, silver)</b>		
Suitable for use with MiloKit, TRX, etc.		
<b>New</b> unique "TUFF COAT" textured paint finish - more resistant to wear and tear damage than normal powder coat		
JTSTS-01	1.5m (up to 2 user station) Length 257cm x Width 256cm x Height 250cm	11 499:-
JTSTS-02	2m (up to 4 user station) Length 307cm x Width 256cm x Height 250cm	12 499:-
JTSTS-03	3m (up to 6 user station) Length 407cm x Width 256cm x Height 250cm	13 499:-



<b>Weighted Vests</b>		
JTWV-04	4.5kg (10lbs) Weighted Vest - Grey	499:-
JTWV-09	9kg (20lbs) Weighted Vest - Black	849:-
JTWV-18	18kg (40lbs) Weighted Vest - Black	1099:-
Ideal for use with suspension bodyweight training (Jungle Gym XT)		
One size fits all		
Neoprene covered padding		



## Performance

Code	Product	pris
<b>Jordan Core Plate</b>		
JTCP	Jordan Core Plate (steel with silver finish) Multi-directional swivel allows rotational exercises and presses for core strength training, as well as stability and rotational strength and upper body mobility. • Rubber anti slip base on base plate • Extra heavy base plate for stability • Includes fixing point for training ropes <i>Bar &amp; weight plate not included</i>	2499:-
<b>Core Plate Handle</b>		
JTCPH	Core Plate Handle	899:-
<b>Lifting Chains - nickel chrome finish with collar</b>		
JTCLC-20	13.5kg 60"/1524 length with collar - 20mm (pair)	2949:-
JTCLC-25	20kg 60"/1524 length with collar - 25mm (pair)	4149:-
JTCLC-30	27kg 60"/1524 length with collar - 30mm (pair) Increase lifting load gradually as you lift High quality chains with chrome finish Complete with chrome collars for Olympic bars Length of chain – 60"/1524mm Available in 3 sizes for all abilities Sold in pairs	5299:-
<b>Training Ropes (non-fray with steel collar and loop)</b>		
JTTR-25	10m Non Fray black rope - 25mm (each)	1699:-
JTTR-44	10m Non Fray red rope - 44mm (each) Non-fray ropes will not shed and are easier on the hands Metal collar and loop at both ends 10m in length – available 25mm and 45mm diameter	3399:-
<b>Art of Strength Training Ropes</b>		
JLAOSTR-01	15m Ropes Gone Wild - Black non-fray 38mm	4199:-
JLAOSTR-02	15m Ropes Gone Wild - Black non-fray 51mm	5899:-
<b>Jordan Performance Sled with harness</b>		
JTPS	Jordan Performance Sled with harness Dimensions: height 340mm, length 1100mm, width 460mm	2249:-
JTPSH	Performance Sled harness	299:-



## Performance

Code	Product	pris
<b>Rebounder</b>		
JTREB	<p>Rebounder</p> <p>Six leg steel frame for extra stability</p> <p>All steel frame for commercial durability</p> <p>Max weight 125kg</p> <p>Dimensions - 1017 x 1017 x 220 mm</p>	1799:-



<b>Plyometric Platforms</b>		
Plyometric Platforms		
JTPP-S	Small (Height 350mm)	2999:-
JTPP-M	Medium (Height 500mm)	3099:-
JTPP-L	<p>Large (Height 650mm)</p> <p>Working platform area – 700mm x 600mm</p> <p>Total dimension – 1000 x 850mm</p>	3199:-



<b>Ab Cradles</b>		
JLAB	<p>Ab Cradles - <b>New, now includes 1" loading bars</b></p> <p>Complete head and neck support</p> <p>1" loading bars included for increased resistance when used with weighted 1" discs (not included) One pair of spring collars included.</p> <p>Head and arm pads made from durable wipe clean moulded polyurethane for a comfortable fit.</p> <p>Frame made from heavy duty steel tubing making it suitable for high use environments.</p> <p>Dimensions: D 730 x L 800 x H 550mm</p> <p>Weight: 9.1kg</p>	4999:-

