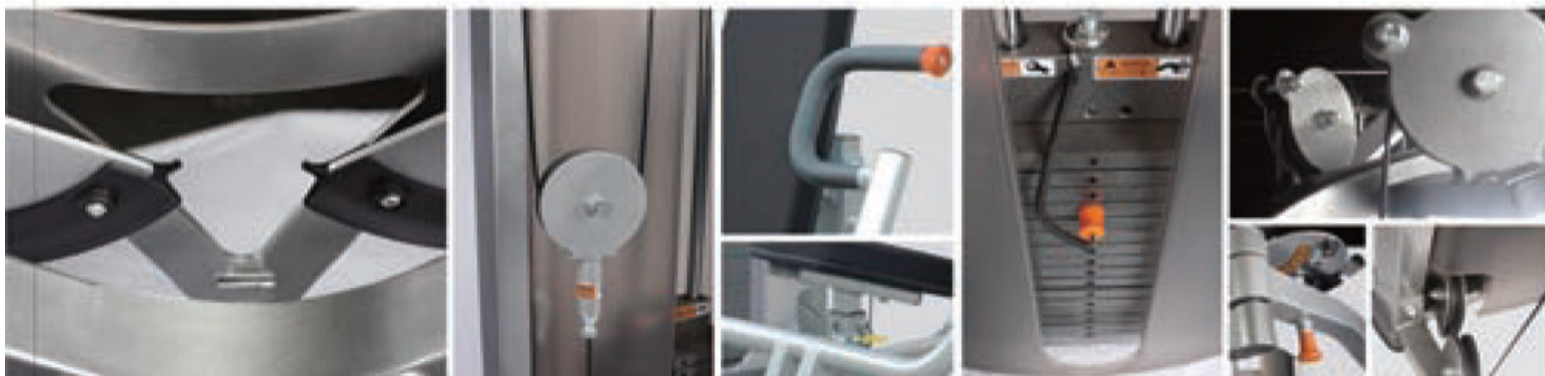




IMPULSE
IF SERIES

IF8 (Impulse Fitness 8 Series)

- This simple, clean-lines, selectorized series consists of 14 machines specially designed for entry level small clubs and institutional applications.
- It offers a complete functional package, is inexpensive to own and is easy to maintain.
- It matches up beautifully with the benches and racks of the IF line.
- TUBING: J50.8x76.2x2.5, J50.8x2.5, J38x2.5, USA LOOS Cable
- WEIGHT STACK 1: 77 Kg / 170 Lbs
- WEIGHT STACK 2: 91 Kg / 200 Lbs
- WEIGHT STACK 3: 113 Kg / 250 Lbs
- SHROUD OPTIONAL 1: Short Shroud
- SHROUD OPTIONAL 2: Long Shroud



IF LINE (Impulse Fitness)

- The best seller in the year 2010! This superior designed line consists of single station selectorized equipment, as well as a multi-station high-end workout center.
- These home gyms were designed by an experienced USA industrial engineering design team.
- TUBING: J50.8x76.2x2.5, J50.8x2.5, J38x2.5



IF8101 CHEST PRESS

PRODUCT DIMENSION (LxWxH)	913x1265x1400 (mm) 35.9x49.8x55.1 (in)
PRODUCT WEIGHT	92 Kg / 203 Lbs
40'	77 Sets

IF8102 LAT PULLDOWN / LOW ROW

PRODUCT DIMENSION (LxWxH)	1972x913x2177 (mm) 77.6x35.9x85.7 (in)
PRODUCT WEIGHT	101 Kg / 223 Lbs
40'	70 Sets





IF8103 ARM CURL

PRODUCT DIMENSION (LxWxH)	1118x896x1400 (mm) 44.0x35.3x55.1 (in)
PRODUCT WEIGHT	88 Kg / 194 Lbs
40'	84 Sets

IF8105 LEG EXTENSION

PRODUCT DIMENSION (LxWxH)	1192x1167x1400 (mm) 46.9x45.9x55.1 (in)
PRODUCT WEIGHT	99 Kg / 218 Lbs
40'	69 Sets



IF8106 SEATED LEG CURL

PRODUCT DIMENSION (LxWxH)	1436x1170x1400 (mm) 56.5x46.1x55.1 (in)
PRODUCT WEIGHT	102 Kg / 225 Lbs
40'	69 Sets

IF8109 TOTAL HIP

PRODUCT DIMENSION (LxWxH)	1208x1005x1480 (mm) 47.6x39.6x58.3 (in)
PRODUCT WEIGHT	89 Kg / 196 Lbs
40'	100 Sets



IF8110
LEG PRESS / CALF RAISE

PRODUCT DIMENSION (LxWxH)	1541x1220x1701 (mm) 60.7x48x67 (in)
PRODUCT WEIGHT	151 Kg / 333 Lbs
40'	54 Sets



IF8116
INNER / OUTER THIGH

PRODUCT DIMENSION (LxWxH)	1643x697x1506 (mm) 64.7x27.4x59.3 (in)
PRODUCT WEIGHT	98 Kg / 216 Lbs
40'	85 Sets



IF8112
SHOULDER PRESS

PRODUCT DIMENSION (LxWxH)	1392x1191x1400 (mm) 54.8x46.9x55.1 (in)
PRODUCT WEIGHT	83 Kg / 183 Lbs
40'	80 Sets



IF8120
WEIGHT ASSISTED CHIN / DIP COMBO

PRODUCT DIMENSION (LxWxH)	1466x1225x2139 (mm) 57.7x48.2x84.2 (in)
PRODUCT WEIGHT	117 Kg / 258 Lbs
40'	90 Sets



IF8121
MULTI PRESS

PRODUCT DIMENSION (LxWxH)	1818x1337x1400 (mm) 71.6x52.6x55.1 (in)
PRODUCT WEIGHT	109 Kg / 240 Lbs
40'	72 Sets

IF8122
PEC FLY / REAR DELT

PRODUCT DIMENSION (LxWxH)	1310x1450x1810 (mm) 51.6x57.1x71.3 (in)
PRODUCT WEIGHT	101 Kg / 223 Lbs
40'	81 Sets



IF8123
BICEP / TRICEP

PRODUCT DIMENSION (LxWxH)	1260x849x2115 (mm) 49.6x33.4x83.3 (in)
PRODUCT WEIGHT	83 Kg / 183 Lbs
40'	91 Sets



IF8124
AB / BACK

PRODUCT DIMENSION (LxWxH)	1217x1057x1400 (mm) 47.9x41.6x55.1 (in)
PRODUCT WEIGHT	79.5 Kg / 175 Lbs
40'	94 Sets



F15
FLAT / INCLINE BENCH

PRODUCT DIMENSION (LxWxH)	1380x541x441 (mm) 54.3x21.3x17.4 (in)
PRODUCT WEIGHT	28 Kg / 62 Lbs
40'	505 Sets

HG5
CABLE MOTION GYM

PRODUCT DIMENSION (LxWxH)	1451x1339x2132 (mm) 57.1x52.7x83.9 (in)
PRODUCT WEIGHT	189 Kg / 416 Lbs
40'	82 Sets
WEIGHT STACK	73 Kg / 160 Lbs





IF45
45 - DEGREE HYPEREXTENSION

PRODUCT DIMENSION (LxWxH)	1212x743x772 (mm) 47.7x29.3x30.4 (in)
PRODUCT WEIGHT	25 Kg / 55 Lbs
40'	340 Sets



IFAAB
ADJUSTABLE ABDOMINAL BENCH

PRODUCT DIMENSION (LxWxH)	1683x568x1148 (mm) 66.3x22.4x45.2 (in)
PRODUCT WEIGHT	32.4 Kg / 71 Lbs
40'	450 Sets



IFAH
ADJUSTABLE HYPEREXTENSION BENCH

PRODUCT DIMENSION (LxWxH)	1260x743x917 (mm) 49.6x29.3x36.1 (in)
PRODUCT WEIGHT	37 Kg / 82 Lbs
40'	360 Sets



IFRC
ROMAN CHAIR

PRODUCT DIMENSION (LxWxH)	1361x743x1091 (mm) 53.6x29.3x43 (in)
PRODUCT WEIGHT	25 Kg / 55 Lbs
40'	504 Sets



IFABM
AB / BACK MACHINE

PRODUCT DIMENSION (LxWxH)	1520x1005x1060 (mm) 59.8x39.6x41.7 (in)
PRODUCT WEIGHT	40 Kg / 88 Lbs
40'	119 Sets



IFAC
ABDOMINAL CRUNCH

PRODUCT DIMENSION (LxWxH)	1103x476x578 (mm) 43.4x18.7x22.8 (in)
PRODUCT WEIGHT	17.5 Kg / 39 Lbs
40'	697 Sets



IFLATM
LAT MACHINE

PRODUCT DIMENSION (LxWxH)	1452x1224x2129 (mm) 57.2x48.2x83.8 (in)
PRODUCT WEIGHT	53 Kg / 117 Lbs
40'	302 Sets

IFPT
POWER TOWER

PRODUCT DIMENSION (LxWxH)	1320x610x2105 (mm) 52x24x82.9 (in)
PRODUCT WEIGHT	74 Kg / 163 Lbs
40'	245 Sets





IFSPC
SEATED PREACHER CURL

PRODUCT DIMENSION (LxWxH)	1021x712x824 (mm) 40.2x28x32.4 (in)
PRODUCT WEIGHT	25 Kg / 55 Lbs
40'	420 Sets



IFDB3
DUMBBELL RACK - 3'

PRODUCT DIMENSION (LxWxH)	1079x473x677 (mm) 42.5x18.6x26.7 (in)
PRODUCT WEIGHT	29 Kg / 64 Lbs
40'	600 Sets



IFFB
FLAT BENCH

PRODUCT DIMENSION (LxWxH)	1305x525x493 (mm) 51.4x20.7x19.4 (in)
PRODUCT WEIGHT	23 Kg / 51 Lbs
40'	532 Sets



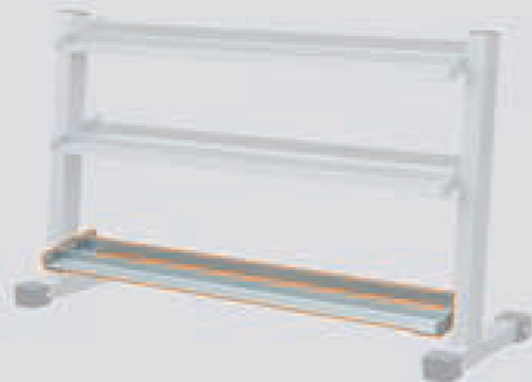
IFFI
FLAT / INCLINE BENCH

PRODUCT DIMENSION (LxWxH)	1603x654x498 (mm) 63.1x25.7x19.6 (in)
PRODUCT WEIGHT	33 Kg / 73 Lbs
40'	396 Sets



IFDB4
DUMBBELL RACK - 4'

PRODUCT DIMENSION (LxWxH)	1372x473x869 (mm) 54x18.6x34.2 (in)
PRODUCT WEIGHT	41 Kg / 90 Lbs
40'	430 Sets



IFDB4A
DUMBBELL RACK - 4' ATTACHMENT

PRODUCT DIMENSION (LxWxH)	1242x244x74 (mm) 48.9x9.6x2.9 (in)
PRODUCT WEIGHT	12 Kg / 26 Lbs
40'	1400 Sets



IFFID
MULTI - PURPOSE BENCH

PRODUCT DIMENSION (LxWxH)	1581x654x515 (mm) 62.2x25.7x20.3 (in)
PRODUCT WEIGHT	32 Kg / 71 Lbs
40'	417 Sets



IFOB
OLYMPIC BENCH

PRODUCT DIMENSION (LxWxH)	1438x1264x1468 (mm) 56.6x49.8x57.8 (in)
PRODUCT WEIGHT	61 Kg / 135 Lbs
40'	252 Sets



IFHC
HALF CAGE

PRODUCT DIMENSION (LxWxH)	1175x1815x2090 (mm) 46.3x71.5x82.3 (in)
PRODUCT WEIGHT	96 Kg / 212 Lbs
40'	150 Sets



IFHCL
HALF CAGE LAT ATTACHMENT

PRODUCT DIMENSION (LxWxH)	1800x400x2100 (mm) 70.9x15.7x82.7 (in)
PRODUCT WEIGHT	39 Kg / 86 Lbs
40'	234 Sets



IFPC
POWER CAGE

PRODUCT DIMENSION (LxWxH)	1231x1231x2110 (mm) 48.5x48.5x83.1 (in)
PRODUCT WEIGHT	91 Kg / 201 Lbs
40'	90 Sets



IFPCL
POWER CAGE LAT ATTACHMENT

PRODUCT DIMENSION (LxWxH)	2061x1213x958 (mm) 81.1x47.8x37.7 (in)
PRODUCT WEIGHT	31 Kg / 68 Lbs
40'	420 Sets



IFHCP
HALF CAGE PEC FLY ATTACHMENT

PRODUCT DIMENSION (LxWxH)	953x356x1538 (mm) 37.5x14x60.6 (in)
PRODUCT WEIGHT	24 Kg / 53 Lbs



IFHCS
HALF CAGE SMITH ATTACHMENT

PRODUCT DIMENSION (LxWxH)	1946x300x1727 (mm) 76.6x11.8x68 (in)
PRODUCT WEIGHT	42 Kg / 93 Lbs



IFSS
SQUAT STAND

PRODUCT DIMENSION (LxWxH)	1226x1575x1735 (mm) 48.3x62x68.3 (in)
PRODUCT WEIGHT	56 Kg / 123 Lbs
40'	320 Sets



IFPTO
PLATE TREE - OLYMPIC

PRODUCT DIMENSION (LxWxH)	843x632x1108 (mm) 33.2x24.9x43.6 (in)
PRODUCT WEIGHT	19.5 Kg / 43 Lbs
40'	890 Sets



IFFT
FUNCTIONAL TRAINER

PRODUCT DIMENSION (LxWxH)	900x1800x2130 (mm) 35.4x70.9x83.9 (in)
PRODUCT WEIGHT	332 Kg / 731 Lbs
40'	56 Sets
WEIGHT STACK	2x91 Kg / 200 Lbs



IFCC
CABLE CROSSOVER

PRODUCT DIMENSION (LxWxH)	3660x1040x2120 (mm) 144.1x40.9x83.5 (in)
PRODUCT WEIGHT	273.5 Kg / 603 Lbs
40'	68 Sets
WEIGHT STACK	2x68 Kg / 150 Lbs